

6 STEP METHOD TO PROPER HAND HYGIENE:



1. Palm to palm



2. Palm to palm
fingers interlaced



3. Backs of fingers to
opposing palms
with fingers
interlocked



4. Rotational rubbing of
right thumb
clasped in left
palm, then vice
versa



5. Rotational rubbing,
backwards and
forwards with
clasped fingers
of the right hand
in left palm and
vice versa



6. Right palm over
left dorsum and
left palm over right
dorsum